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UPDATED COVID-19 ISOLATION GUIDANCE



JANUARY 9, 2024



COVID-19 isolation recommendations move away from 5 days of isolation and instead focus on clinical symptoms to determine when to end isolation.

Recommendations for people who test positive

1 Stay home if you have COVID-19 symptoms, until you have not had a fever for 24 hours without using fever reducing medications AND other COVID-19 symptoms are mild and improving.

- **If you do not have symptoms, you should follow the recommendations below to reduce exposure to others.**

2 Mask when you are around other people indoors for the 10 days* after you become sick or test (if no symptoms). You may remove your mask sooner than 10 days if you have 2 sequential negative tests at least 1 day apart. Day 0 is symptom onset date or positive test date.

